



## Don't Wait for the Crisis. Plan Today!

Thursday, February 21, 2019, 11 am-1 pm • St Barnabas Lutheran Church  
15600 Old Rockford Road • Plymouth

Participants will learn about navigating health care, and what community resources are available to make it easier for you and your family.

**Presenter:** Sandy McGurran, MSW, LISW is the Manager of the Home Care Social Workers at Fairview Home Care and Hospice and the Coordinator of the Care Management and Integrative Healing Therapies Programs.

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Parish Nurse  
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This session is the third in a series of four programs sponsored by the Faith Community/Parish Nurses of the West Suburban area. Sessions 1 and 2 were held in 2018. Session 4 will be held in May. Watch for more information on up-coming sessions from your Faith Community Nurse. You don't have to be a member of a faith community to attend - Invite your friends and neighbors!



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To register, please complete the form below, detach, and return to your Faith Community Nurse with your check for \$5/person (includes a light lunch and presentation). For this session, please make checks out to **St Barnabas Lutheran Church**. (If you mail or drop-off your check at St Barnabas, please write "Lunch and Learn" in the memo line.) **Deadline to register is Thursday, February 14, 2019.**

Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_