



Current Needs

March 2023

Food

These items are in high-demand at our central food shelf.

- Oatmeal/Quick oats
- Kid-friendly cereal
- Tea
- Coffee
- Dried fruit
- Peanut butter
- Pasta sauce
- Canned vegetables
- Canned soups/chili
- Whole grain noodles
- Whole grain crackers
- Jam, jelly or preserves

Non-food

We offer personal hygiene and household items to our neighbors.

- Kleenex
- Baby diapers (sizes 4-6)
- Bladder pads
- Cat food & litter
- Toothpaste
- Feminine hygiene items
- Shampoo
- Deodorant
- Bar soap
- Dish/laundry soap
- Diaper wipes
- Paper grocery bags

Snacks

ICA provides snack bins and weekend bags to local schools.

All items should be nut-free

- 1 oz. pretzels
- .75 oz. Goldfish crackers
- 1 oz. baked chips
- Applesauce cups/pouches
- Nut-free breakfast bar
- Gluten-free snacks
- Fruit snacks